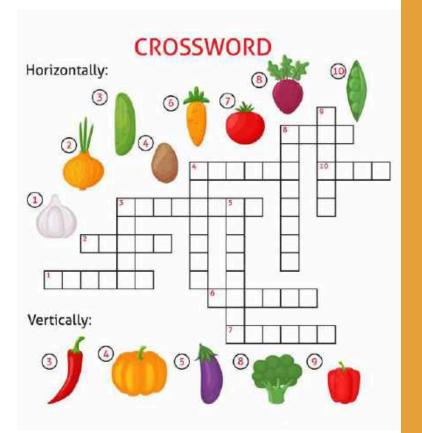


## Puzzle #1



September is Here

School bells ringing in the morning, Little girls in fresh print gowns. Little boys playing together Some acting like wild circus clowns. From the trees the red leaves falling, Wild geese flying overhead, The squirrels hiding countless nuts In their secret, wintry bed. All these signs point just one way. Their meaning to the world is clear. September, first month of autumn, Once again is reigning here.



Answers to puzzle #1

## Horizontally:

1.garlic, 2.onion, 3.cucumber, 4.potato, 6.carrot, 7.tomato, 8.beet, 10.peas. Vertically: 3.chili, 4.pumpkin, 5.eggplant,

8.broccoli, 9.pepper.

Make it a September remember



## We would like to invite our residents' friends and family to join us for entertainment and snacks Saturday September 23rd from 1pm-2:30pm

Be ready to be entertained and to sing and dance along with Robert Ryman!





The Getty Villa, to me, is one of the most beautiful places in the west side. I have been going here since I was a young girl, back when the main Getty house used to be open to visitors. I never believed that at one point it was someone's home. As I got older, I realized that was true. This beautiful place was a family home to the Getty family.

We were finally able to visit this summer and it did not disappoint. The gardens were lush, and the flowers were in full bloom.

We sat in their picnic area and had a delicious meal while enjoying the warmth of the day and the breeze from the ocean. We will be visiting again soon, as soon as the weather gets cooler. All in all, it was a great outing. The artwork is as perfect as I remember it.





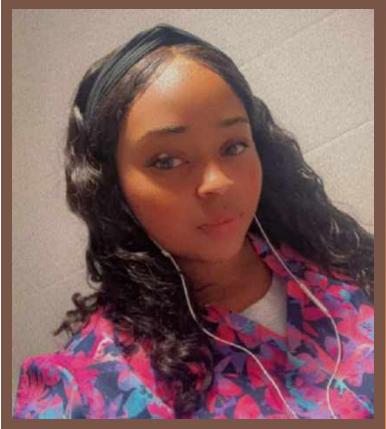
<u>Shana is a hard worker.</u> Her dedication shows in the love and respect she shows us all!

"We can learn from

their experiences."

-Shana





"Whenever I am feeling down, the simple 'I LOVE YOU and I appreciate what you do' form her residents, brings her joy".

## Meet Kayla!

Kayla has been working at Welbrook for 6 months. This is the first time she has worked with seniors (besides being there for her elderly family members who needed her assistance), having been a bartender back home in Jamaica.

What she enjoys the most in working with seniors is the different personalities she gets from them. To her, her residents are like her grandparents she never got to meet, and it shows in the way she loves them. She never thought she would enjoy working at a care facility.

Kayla's hobbies include hanging out with her friends and family and she loves learning new things.

She is a mother of two beautiful children, a boy and a girl.

"Once you love what you are doing, it becomes easy".





The Museum of Flying was so much fun! We started our visit with a lovely picnic at Airport Park. The weather was warm but under the shade from the trees and with the breeze from the north, it was perfection. Once we entered the Museum of Flying, we were greeted by the wonderful staff and had the best private tour around the museum. We learned about the history of flight and the history of this amazing museum. We got to enjoy their impressive aircraft collection, such as the Beech Staggerwing, Boeing Stearman, Cessna L-19 "Bird Dog" and the North American SNJ-5, just to name a few. They have cool features as well such as the Museum Theater, a 360-degree flight simulator, and The Douglas Aircraft Boardroom. It was a great experience!

MUSEUN

September 2023 Engagement Calenda	ar					created with Gely
Sunday	Monday 1450 17th St. Santa Monica, CA 90404 424-282-3002	Tuesday	Wednesday	Thursday"When life is sweet, say thank you and celebrate.And when life is bitter, say thank you and grow."- Shauna Niequist	Friday   9:30 Yoga w/Maria 1   10:00 Hydration/Meditation 1   10:15 Memory Lane/Painting 1   10:30 Morning Trivia 1   11:00 Image: Horizontal State	9:30 Tai Chi w/ Maria 2   10:00 Hydration and Meditation 2   10:15 Memory Lane Group 2   10:30 Morning Trivia 1   11:00 UCLA Brain Exercise Initiative 1   10:00 Musical Interlude 1   1:30 Entertainment by Nocy 2   2:30 Snacks and Beverages 3:00   3:00 Afternoon Movie 4:30   4:30 Wordle/Word Search 6:00
9:30Exercise310:00↔ Hydration310:15Memory Lane Group10:30The Daily Scoop11:00UCLA Brain Exercise Initiative1:30Entertainment by Rich Cohen2:00Let's go for a walk2:30Snacks & Beverages3:00Crossword/Word Games4:30Wordle/Word Search6:00ఊ Evening Movie	Labor Day 9:30 Exercise 4 10:00 Hydration 10:15 Memory Lane Group 10:30 Daily Scoop/Trivia 11:00 UCLA Brain Exercise Inititative 1:00 Bingo for Chocolate 2:00 A History of Labor Day 2:30 Snacks and Beverages 3:30 - Crossword/Word Games 4:30 Wordle/Word Search 6:00 Evening Movie	9:30 Exercise 5   10:00 ⊗ Hydration 5   10:15 Memory Lane/Puzzles 5   10:30 <b>Poetry with Charles</b> 5   11:00 <b>Hubble UCLA Brain Exercise Initiative</b> 1:00   1:00 <b>Bing a Long</b> 2:00   2:00 <b>Arts n Crafts w/Daisy</b> 3:00   3:30 <b>Crossword/Word Games</b> 4:30 <b>Wordle/Word Search</b> 6:00 <b>Evening Movie</b>	9:30 Lifting weights 6   10:00 Hydration/Massage 6   10:15 Memory Lane Group 6   10:30 Daily Scoop/Trivia 1   11:00 UCLA Brain Exercise Initiative 1   1:00 Let's go for a walk 1   1:30 Entertainment by Wayne 2:30   2:30 Tea Party w/ Snacks 3:30   Crossword/Word Games 4:30 Wordle/Word Search   6:00 Evening Movie 1:00	9:00 Beauty Salon to the Stars 7   9:30 Exercise 10:00 Hydration   10:15 Image: Memory Lane/Sunshine 10:15   10:30 Daily Scoop/Trivia 11:00 UCLA Brain Exercise Initiative   11:00 UCLA Brain Exercise Initiative 1:00 Mosaic/Library Outing   1:30 Documentary 2:30 Image: Snacks and Beverages   3:30 Image: Crossword/Word Games 6:00 Image: Evening Movie	9:30 Yoga w/Maria 8   10:00 Hydration/Meditation 8   10:00 Morning Trivia 10:15   10:15 Memory Lane/Painting 11:00   11:00 Image: How Paint Exercise Initiative 10:00   10:00 Image: How Paint Exercise Initiative 10:00   10:00 Image: How Paint Exercise Initiative 10:00   10:00 Image: How Paint Exercise Initiative 10:00   2:00 Image: Shabbat w/Jeffry 2:30 Snacks and Beverages   3:00 Crossword/Word Games 4:30 Image: Wordle/Word Search   6:00 Image: Evening Movie Image: Evening Movie	9:30 Tai Chi w/ Maria 9   10:00 Hydration and Meditation 9   10:15 Memory Lane Group 10:30   10:30 Morning Trivia 11:00   UCLA Brain Exercise Initiative 1:00   1:00 Wusical Interlude   1:30 Entertainment by Justin Curtis   2:30 Snacks and Beverages   3:00 Afternoon Movie   4:30 Wordle/Word Search   6:00 Evening Movie
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